

JSA Psychotherapy

JSA Psychotherapy offers a wide range of psychology and psychotherapy services covering the North West. We offer face to face sessions at our Burnley and Manchester practices and online therapy sessions where appropriate. With our broad pool of therapists, we offer a variety of different services to children, adolescent and adult clients.

We offer trauma-informed therapeutic support for children, adults, families, and personal injury cases. We also provide clinical assessments, personal injury therapy, educational psychology services, and staff training.

For a comprehensive list of the services we offer, please see overleaf.

Why work with us?

- Fantastic relationships with Local Authorities.
- Contact within 24 hours of your referral.
- We are able to identify the most appropriate therapist for any client.
- Initial consultations are offered within 7 days of referral.
- Our Offices in Burnley and Manchester are accessible by public transport.

Our therapists

Our experienced clinicians are at the cutting edge of modern practice. We work with qualified, accredited, registered, and insured therapists. Our team is constantly growing and evolving to meet the diverse needs of our very broad client base.

Service	Cost / hr
Adult Therapy	£125.00 per hour
Child Therapy	£110.00 per hour
Educational Psychology Assessments	£1,700
NMT Assessments	£1,650
Private Adult Therapy	£95.00
Private Child Therapy	£95.00

Questions and referrals

If you have any questions or wish to make a referral, please contact Operations Manager, Alicia Barrett, who will be able to get back to you with costings, timescales and provide you with our referral forms.

Tel: 01282 685345

Email: office@jsapsychotherapy.com

Meet the team



Hello, I'm Richard Cross, and I have the privilege of shaping JSA's clinical services offering. What makes JSA different is our level of experience and our fast response.

Title

UKCP Registered Psychotherapist and Child Psychotherapist.

Qualifications

BSc Hons (Psychology), DHP, Adv Dip SMT., PQD Counselling Children and Young People, Certificate in Child Clinical Assessment.

Accolades

Instrumental in bringing the first trauma-informed approach to the UK in 2006. Fellow and faculty member of the International Society for the Study of Trauma and Dissociation.

Situated at the cutting-edge of modern practice, our staff hold Doctorates, Masters and first degrees in relevant fields, and I am fortunate to work alongside some of the UK's leading experts in a wide variety of therapeutic disciplines.

At JSA Psychotherapy, we have an extremely responsive team who are happy to help with any query or referral. As a private practice, we have the flexibility to prioritise urgent cases and avoid lengthy waiting lists for treatments. We hope that you choose JSA Psychotherapy and look forward to working with you in future.

Our services



Children

- [CBT – Cognitive Behavioural Therapy](#)
- [Drama and Creative Arts Therapy](#)
- [EMDR Eye Movement Desensitisation and Reprocessing](#)
- [Looked After Children Support](#)
- [Parent Child Relationship Therapy \(PCRT\)](#)
- [Play Therapy](#)
- [Post Adoption Support](#)
- [Pre Proceedings](#)
- [Psychosexual Therapy](#)
- [Therapeutic Life Story Work](#)



Adult

- [CAT – Cognitive Analytic Therapy](#)
- [CBT – Cognitive Behavioural Therapy](#)
- [Dialectical Behaviour Therapy](#)
- [Drama and Creative Arts Therapy](#)
- [EMDR Eye Movement Desensitisation and Reprocessing](#)
- [Emotion Focused Therapy](#)
- [Psychosexual Therapy](#)
- [Relationship Therapy](#)
- [Trauma Focused CBT](#)



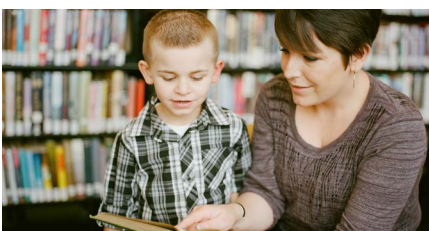
Family

- [Family Therapy](#)
- [NMT](#)
- [Parent Child Relationship Therapy \(PCRT\)](#)
- [Parent-Child Attachment Play \(PCAP\)](#)
- [Play Therapy](#)



Personal injury

- [CBT – Cognitive Behavioural Therapy](#)
- [EMDR Eye Movement Desensitisation and Reprocessing](#)
- [Trauma Focused CBT](#)



Education

- [Educational Psychology](#)
- [Group Therapy](#)
- [Play Therapy](#)
- [School Staff Training](#)
- [Employee Wellbeing](#)



Residential

- [Packages of trauma-informed psychotherapeutic interventions](#)



Employee wellbeing

- [Therapeutic assistance as part of a workforce wellbeing package](#)