

JSA Psychotherapy and Training



Kate Portman

Kate is an associate therapist with the practice and specialises in treating emotional and mental health difficulties such as anxiety, depression, stress, trauma and relationship problems.

She can offer individually tailored, compassion-focused therapy that can help our clients to better understand the difficulties they are facing, and to come up with ways to overcome them.

[Find out more about Kate](#)



Virtual School Leader Conference

Kate will be talking about the impact of the pandemic and things school leaders should consider for their returning workforce at the Virtual School Leader Conference on Friday 14th May.

Heads and school leaders need to give themselves permission to not be ok and to understand the loss of assumption that the world is a safe place. It is the responsibility of senior managers and headteachers to have a duty of care for themselves.

We've also written a blog which includes the slides that Kate will be using in her presentation, which you can find below.



JSA Psychotherapy

JSA Psychotherapy LTD is a private practice based in the North West of England, providing a broad range of psychology and psychotherapy services.

We understand therapy can be daunting, but you can expect sensitive, professional care from initial enquiry right through to the end of your therapeutic journey.

We aim to exceed expectations on every level to ensure that individuals, couples and families receive the best possible therapeutic experience.

JSA Training



JSA Training (part of JSA Psychotherapy) is a new training provider who specialise in providing quality training that builds on the expertise of it's own practitioners.

Recent training events include:

- Therapeutic crisis intervention - TCI

- Safeguarding adults and children
- Paediatric first aid

JSA Training will shortly be launching their exciting new online learning platform. Offering an annual subscription service providing unlimited access to their full catalogue of titles. We will be launching the first (Education) channel in the coming months.

For more information about how JSA Training can help with your training needs, please contact us:

Contact us



Subscription Channel

Our subscription channel is an online based learning and continued development platform.

At the moment we only have one channel, which is primarily for educators or people working within the education sector.

As this channel grows in popularity, we hope to create more channels for other sectors, like the care sector etc.

Cost	
Price	What does this get you?
£1,000 +VAT per school, per year	Unlimited access to all staff members. CPD points.



How is JSA Training's Online Learning Platform Different from Other Providers?

JSA Training's online learning platform will help subscribers to evidence effective outcomes and progress for children.

Rather than the channel providing a passive experience with webcasts only, many of our webcasts will be supported by audit tools and review mechanisms. This will enable subscribers and their team to identify desired outcomes before watching the webcast. They will subsequently implement any actions identified following the webcast, and finally measure the outcomes such as reduced absenteeism, at an agreed point in the future.

Where appropriate, our webcasts will provide CPD points for all those who engage with the content.

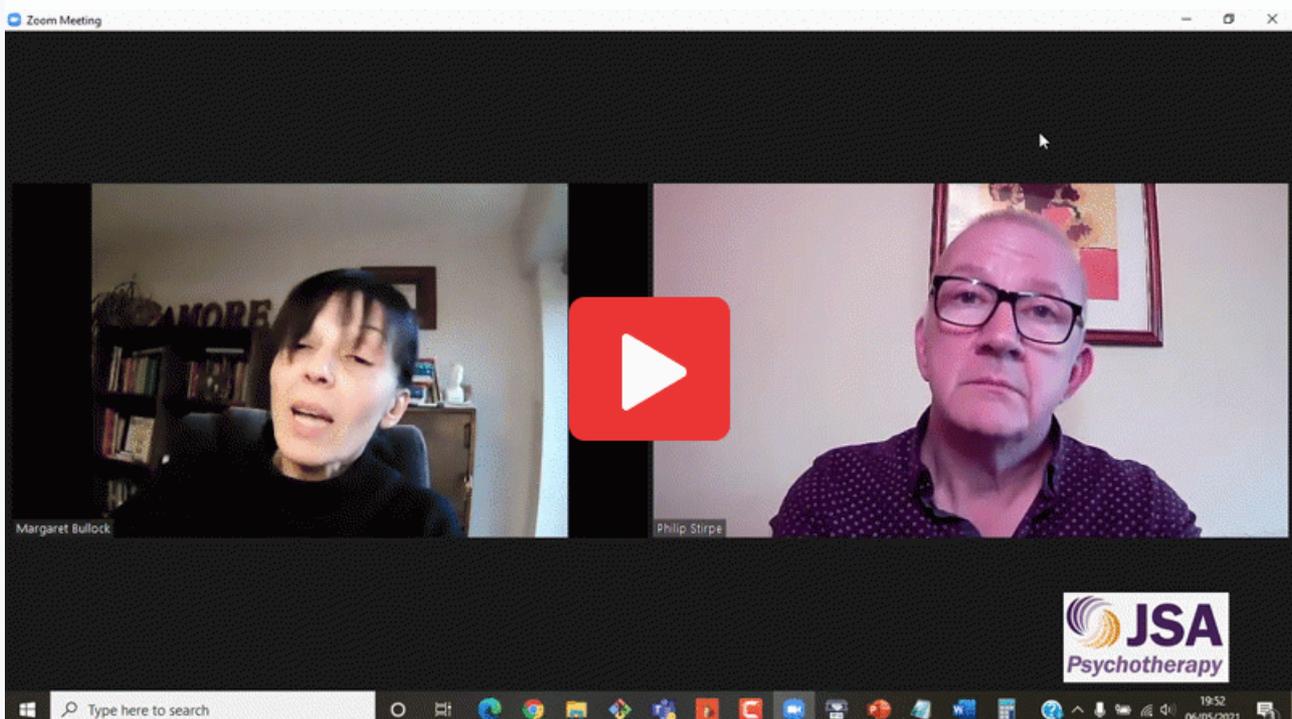
Each annual subscription provides unlimited access to the entire channel's content. For a subscribing school, this would cover every member of staff. They could view all titles multiple times within the year. All for a single subscription fee.

Each title will be available in multiple formats: Video webcast, audio podcast, and text transcript. Closed caption (CC) will also be available for greater accessibility.



Introduction Video

Below is the introduction to our channel, where you can find out more about what it's about.



Pilot Episode

Here is the pilot webcast, hosted by Julie Stirpe and Dr Margaret Bullock, to discuss the topic of attachment difficulties as they specifically affect children and young people in the care system.



Upcoming Titles

(Developmental) Trauma
Attachment/ Looked After Children
Anxiety (identifying and supporting mental health needs generally - including for staff - 'whole school mental health')
Attention and concentration difficulties.
Emotional Regulation.
Special Educational Needs and Disability (SEND) - assessment and identification; processes (The Graduated Response); whole school implementation e.g. 'Teaching Students with SEND'
SEND training for designated support staff (e.g. School Leaders; Inclusion Teams and Teaching Assistants).
Autistic Spectrum Disorder; Attention Deficit Hyperactivity Disorder; Oppositional Defiance Disorder and other (psychiatric diagnoses) - raising awareness for staff and how to support.
Managing challenging behaviour.
Language difficulties - and how these affect learning in the classroom.
Sensory processing difficulties and how these affect learning in the classroom.
Issues associated with missed schooling during Covid-19 Lockdown - social and emotional needs; lost or delayed skills and supporting families.

Got a suggestion for a topic we could cover?

We are always looking for new ideas and topics to talk about and will always respond to demand, but if 100 subscribers request / vote for a particular title, we will guarantee to record and publish it promptly.

Let us know if you have a topic in mind

JSA Magazine

We also have our own monthly magazine. If you would like to stay up to date with what we're up to, you can subscribe below.

Subscribe here!

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